

A2.2

UNIT 3

Exercise 1.

Read each statement from 1-6 and say if you agree or disagree, and give reasons.

1. **Social Media:** Watching short videos on your phone is a waste of time.
2. **Food:** Cooking at home is always better than eating at a restaurant.
3. **School:** Students should not have homework on weekends.
4. **Technology:** Life was much better and happier before smartphones.
5. **Travel:** Traveling by train is more enjoyable than flying by plane.
6. **Lifestyle:** Big cities are stressful, and it is better to live in a small village.

To explain each case, you may use phrases like:

-In my experience...

-In my opinion...

-Personally, I think...

-From my point of view...

-To be honest...

Exercise 2.

Complete the sentences with the following adjectives:

tough	satisfying	boring	repetitive	motivating	easy	fun
stressful	rewarding	strenuous	demanding	mundane	challenging	

1. The result of the test is _____. You show me that you can drive a lorry.
2. I like watching handicapped people achieving their goals. It's really _____.
3. It is quite _____ when my boss tells me to finish 5 reports in just 2 hours.
4. It was hard returning to our _____ life after our weekend skiing in the Alps.
5. Preparing a marathon is quite _____. You need to train long hours.
6. It's very _____ for a teacher when the students get good marks.
7. My sister answered all the questions because it was an _____ exercise.
8. Learning Chinese was extremely _____ because I had to make a great effort.
9. Mathematics lessons are so _____. I don't think they are fun. We do the same every day, it's really _____.
10. I think the exam was really _____. I could only answer 3 questions.

Exercise 3.

Reading the following text and write TRUE or FALSE next to each statement.

The Joy of Volunteering

Volunteering means giving your time to help others without getting money. Today, many people around the world choose to volunteer in their free time.

Meet Sarah. She is a 20-year-old university student from London. Every Saturday morning, she volunteers at a local animal shelter. She cleans the cages, feeds the dogs, and walks them in the park. Sarah loves animals, so this work makes her very happy. She also meets other volunteers who share her passion.

Another volunteer is Mark. He is a retired teacher. Twice a week, he goes to a community center to help children with their homework. He teaches them math and reading. Mark thinks it is important to support the young generation.

Volunteering is not only good for the community, but it is also good for the volunteer. It helps people learn new abilities, make new friends, and feel good about themselves. Anyone can be a volunteer, from young students to elderly people. You just need some free time and a kind heart.

True or False Exercise

1. Sarah receives a salary for her work at an animal shelter. _____
2. Sarah goes to the shelter every Saturday morning. _____
3. Sarah works alone. _____
4. Mark used to be a teacher. _____
5. Mark helps children with their school homework. _____
6. Volunteering is only for university students. _____
7. Doing volunteer work can help you learn new skills. _____
8. Volunteering helps you make new friends. _____