

Unit 5

Exercise 1

Read the following text and complete each gap with the correct form of 'do' or 'make'.

Last summer, I decided to change some of my habits. I wanted to (1) _____ better decisions about my health and daily routine. The first thing I did was to (2) _____ a plan for the holidays. Instead of spending all day at home, I wanted to be more active. Every morning, I (3) _____ exercise for at least thirty minutes and then help my parents (4) _____ the housework. After breakfast, I often (5) _____ some research about places to visit in my area. Before leaving home, I always (6) _____ my bed and check that everything is ready. One weekend, my friends and I decided to organize a charity event. We had to (7) _____ a lot of preparations, but in the end we managed to (8) _____ a difference in our community. The event was a success, and everyone felt proud of the result. After that experience, I became more confident. At school, I tried to (9) _____ my best in every subject and to (10) _____ progress in English. My teacher asked us to work in groups and (11) _____ a presentation about environmental problems. We also had to (12) _____ a project on recycling and (13) _____ business with a local company that wanted to support our ideas. Although we sometimes (14) _____ mistakes, we learned from them and continued working hard. By the end of the year, our group had achieved its goals and everyone agreed that we had (15) _____ a great job. Looking back, I am happy because I managed to (16) _____ good use of my time and learn many valuable lessons.

Exercise 2

Choose a vocabulary option from the table below to complete the sentences.

food-processor / garlic-press / blow-dryer / corkscrew / vacuum / rolling-pin / stapler / colander / shredder / photocopier

1. Use a _____ to break the apples up into small chunks.
2. Insert the tip of the curl in the centre of the cork and start rotating the _____.
3. Add mousse and dry the hair using a _____ and a paddle brush.
4. I need to put all these papers together! Can you lend me your _____?
5. There is no way we can win the case! Someone has used a _____ to destroy all the documents.
6. A _____ is much better for cleaning a carpet than a broom.
7. I hate when my fingers smell like garlic after I cook. I need a _____.
8. After washing the salad, drain it in a _____.
9. The fine marzipan base is rolled out with a grooved _____.
10. Use a _____ to make a duplicate of these documents.

Exercise 3

Complete the text with a suitable frequency adverb from the box. Use each adverb only once.

Adverbs: always / usually / often / sometimes / occasionally / rarely / hardly ever / never

My Daily Routine

I am a secondary school student and my weekdays are quite busy. I (1) _____ wake up at 7:00 a.m. because my classes start early. Before leaving home, I (2) _____ have a healthy breakfast, although I skip it if I am late. I (3) _____ walk to school because it is close to my house, but when it rains, I take the bus.

At school, I enjoy English lessons, so I (4) _____ participate in class discussions. However, I am shy in large groups and (5) _____ speak in front of the whole class. During breaks, I chat with my friends and (6) _____ play football in the playground.

After school, I do my homework. I (7) _____ finish it before dinner, but when I have many assignments, it takes longer. In the evening, I watch television or read a book. I (8) _____ stay up late because I know I need enough sleep to concentrate at school the next day.

Exercise 4

How often do you do or not do...? Complete these sentences about yourself. Expand your answers.

1. I always

2. I often

3. I occasionally

4. I never

5. I usually

6. I rarely
