

B1. II

Unit 3

Exercise 1

Read the text below. Use the word given in brackets to form a word that fits in the gap.

Example (0) Generally

Typical British food

When people think of British food, they (0) generally think of Fish & Chips or a Full English Breakfast. (1) _____ (like) the Mediterranean diet, British food certainly doesn't have a reputation for being (2) _____ (health), but because Britain was once a huge Empire, nowadays there is much more variety. Indian foods like curry have been (3) _____ (incorporation) into the British diet, and curries are one of the things British people miss most when they travel abroad.

Fish & Chips

The most famous British food is probably the (4) _____ (healthy). Fish and chips is deep fried fish with deep (5) _____ (fry) potatoes. Fish and chips have been served separately for centuries, potatoes (6) _____ (be) introduced to Europe in the 17th Century, and fried fish (7) _____ (come) from Spanish and Portuguese Jews in the 17th and 18th Centuries. Fried fish became (8) _____ (wide) popular in London and the South East in the middle of the 19th Century, and there's a reference to a fried fish warehouse in Charles Dickens' Oliver Twist, while in the north a trade in deep fried chipped potatoes developed. It's (9) _____ (clear) when the two trades merged, but the first fish & chip shop is thought to be the one opened by Joseph Malin in 1860.

Full English Breakfast

The full English Breakfast is another (10) _____ (fame) dish. It usually consists of beans, eggs, sausages, rashers (strips of bacon), mushrooms, buttered toast and black pudding with ketchup or brown sauce and is often served with a cup of tea (another famous British import from India).

Exercise 2

Read the conversation between Alex and Maria. Fill in the gaps (1–15) with the correct word from the box. You can use some words more than once.

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The Weekend Dinner Party

Maria: Alex, remember that our friends are coming for dinner tomorrow night! We need to check what we have and make a shopping list.

Alex: Oh, that's true! Let's look in the kitchen. Well, in the fridge we have (1) _____ eggs—about three—so we might need to buy more if we want to make a dessert.

Maria: Definitely. Is there (2) _____ milk left?

Alex: Yes, there is (3) _____ milk, but only enough for your breakfast tea tomorrow. We will need a whole new carton. What about the main course? Are we making pasta?

Maria: Yes! But look at this. We have too (4) _____ packets of spaghetti in the cupboard. We have six! We certainly don't need (5) _____ more pasta. However, we don't have (6) _____ tomato sauce at all. The jar is empty.

Alex: Okay, so tomato sauce goes on the list. Do we have (7) _____ vegetables for the salad?

Maria: Let's see... we have (8) _____ lettuce and (9) _____ cucumber, but we don't have (10) _____ tomatoes. There are only two left, and they don't look very fresh. Oh, and we need (11) _____ onion too.

Alex: Got it. Meat or fish?

Maria: Let's buy (12) _____ chicken. Everyone likes chicken. And we should also get (13) _____ loaf of fresh bread from the bakery.

Alex: Good idea. What about drinks? Is there any juice?

Maria: No, we don't have (14) _____ juice left, but we have (15) _____ bottles of mineral water, so water is fine. Let's head to the supermarket!

Exercise 3

Read the text below and choose the correct word (A, B, C or D) for each space.

The Art of Making Pizza

Making your own pizza at home is fun and easy, but you need to choose your ingredients carefully. First, you need to make the dough. You don't need much **(1)** _____ for this—just a large bowl and your hands. Mix some flour, water, and yeast together. Be careful with the water; if you add too much **(2)** _____, the dough will become too sticky to roll out.

Once the dough is ready, it is time for the toppings. A traditional Margherita pizza requires a lot of tomato **(3)** _____ because it forms the base of the flavor. After spreading it, you can add some **(4)** _____ on top. Most people prefer mozzarella, but you can use whatever you like.

If you want a healthier option, you can add a few **(5)** _____ like peppers, onions, or mushrooms. However, do not put too many different **(6)** _____ on at the same time, or the pizza will become too heavy. Finally, put it in a very hot oven for a few **(7)** _____ until the crust is golden brown. Enjoy your meal!

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|---------------|--------------|---------------|----------------|
| 1. A. machine | B. equipment | C. tool | D. objects |
| 2. A. liquid | B. cups | C. drops | D. bottles |
| 3. A. sauce | B. sauces | C. pieces | D. slices |
| 4. A. piece | B. slice | C. cheese | D. cubes |
| 5. A. spinach | B. broccoli | C. vegetable | D. vegetables |
| 6. A. food | B. meat | C. ingredient | D. ingredients |
| 7. A. time | B. minutes | C. hour | D. moment |