

Exercise 1

Read the following text

Men Suffer From Compulsive Shopping Too

A survey has shown that one in twenty North American adults purchase items they may not even require or would never need or use more than once. In today's consumer world, where we are constantly distracted by ads, left, right and center, and this is not surprising. What may be harder to believe is a further discovery in the same study that "men" are just as likely as their female counterparts to suffer some form of "compulsive buying". Gone are the days when women had to drag their long-suffering men around shopping centers. The new research from Stanford has shown that men are quite as ardent and compulsive shoppers as their spouses and other halves. Researcher Dr Lorrin Koram said that the quantity of men indulging in unnecessary shopping binges has increased: "That's the biggest surprise -- men engage in this behavior almost as commonly as women," he said.

Quotes - <https://consumer.healthday.com/mental-health-information-25/addiction-news-6/men-too-will-shop-til-they-drop-535240.html>

This finding goes against to the conventional and stereotypical wisdom that compulsive buying is mostly a "woman's disease." Dr. Koram said trends and data may have been unfairly distorted as men generally used to be more reluctant than women to see that they have a problem in the first place and then come out and admit to it. He pointed out that: "Generally, in psychiatry, men seldom sought care ...It's not seen as 'manly' to seek out help." But help is exactly what the doctor ordered for compulsive shoppers, who are usually do not end up any happier by relentless buying. The doctor warned: "It's always important to encourage people who have these types of disorders to seek treatment." Many find themselves burdened with debt, filled with shame and guilty of self destructive tendencies as they attempt to mask their addiction.

Exercise 2

Answer the following questions about the text:

1. According to the text, what are we constantly bombarded with?

.....

2. Is there any evidence to suggest that compulsive shopping is declining?

.....

3. The new research is from which University(s)?

.....

4. What does the concept of ethical clothing imply?

.....

5. In psychiatry, who tends to seek care more often?

.....

Exercise 3

Complete each sentences using the correct Idiom from the unit.

- time out
- made of money
- to spend time
- Pocket money
- Pastime
- quality time
- earn money

1. We also need to look at existing legislation and seeing whether it has achieved the effect that we asked for.....

2. Some villagers..... by renting their small hotels to visitors.

3. No you can't have a new computer game. I'm not....., you know.

4.is one of the first ways for children to learn the basics of managing money – a skill they'll definitely need for life – and it makes children feel independent.

5. You should take some..... to relax.

6. Sailing is her favorite.....
7. Marcus regrets that his obsession with work has stopped him from spending with his son.

Exercise 4

Buying things online. Choose the best option for each question.

1. Do you have this shirt in a bigger _____?
 - a) area
 - b) size

2. Why is this item so much more _____ than the other one?
 - a) expensive
 - b) cost

3. Can you _____ that I will receive the item by next Friday?
 - a) warranty
 - b) guarantee

4. Is the item _____ in any way?
 - a) damaging
 - b) damaged

5. I'll have to _____ (= check) that.
 - a) verify
 - b) prove

6. I'll _____ (= contact you) by the end of the day.
 - a) get you back
 - b) get back to you

7. Unfortunately, that item is _____.
 - a) sold-out

b) outsold

8. Do you only accept payment _____ Paypal?

a) through

b) in

9. I feel a little uneasy about _____ my credit card information.

a) donating

b) sharing

10. I'm sorry for not _____. I was very busy.

a) talking

b) responding

Exercise 5

Grammar: Use So or Such where it best fits.

1. They had never eaten _____ exotic food before.
2. Hal was speaking _____ quickly that no one could understand him.
3. Ned has _____ much money, he doesn't know what to do with it.
4. It was _____ a hot day that I spent most of it in the pool.
5. It was _____ hot, I spent most of the day in the pool.
6. You are _____ a genius! How did you solve that problem?
7. I am _____ mad right now. My boyfriend lied to me. He is _____ a jerk!
8. How can there be _____ problems in the world?
9. There are _____ many problems in this world. Will there ever be peace?
10. She is _____ funny! She always makes me laugh.