

B2.3 UNIT 8

EXERCISE 1 A) Write *as* or *like* in each gap:

1. _____ someone who's new to this department, she'll need a bit of guidance.
2. _____ you already know, we're going to close these offices and move to Prague.
3. He was recruited into the company _____ a trouble-shooter.
4. I, _____ you, think that it's time to change.
5. I can't see any difference. It looks just the same _____ the previous model.
6. It's just _____ I thought – they've sent the wrong instructions!
7. Our company, _____ Virgin, is a privately owned business.
8. Several departments, such _____ budgeting and accounts, are going to be amalgamated.
9. There are several aspects of our culture, _____ not wearing ties or having flexible working hours, which are quite informal.
10. They closed the factory, _____ it was no longer profitable.
11. This factory is often described _____ a showcase for good working practices in the region.

B) Complete the following sentences using *as*, *like* or nothing as appropriate.

1. The large cat looked _____ a cheetah.
2. I know it sounds _____ foolish, but I want to buy a tiger.
3. You can work _____ full-time in the zoo souvenir shop.
4. The new penguin area is very big – it's _____ an Olympic swimming pool.
5. She could photograph the animals just _____ a professional.
6. He went to the fancy dress party dressed _____ a gorilla.
7. Pete regarded his cat _____ member of the family.

C) Complete the second sentence so that it has a similar meaning to the first sentence, using the word given.

Do not change the word given. You must use between two and five words, including the word given.

1. According to the brochure, the zoo was 'a perfect place to spend the day.'

AS

The zoo was _____ 'a perfect place to spend the day.'

2. In my house, we store our bikes in the garage.

STORAGE

In my house, _____ for our bikes.

3. She taught small children in a school in Sydney before returning to the UK.

WORKING

Sue _____ of small children in a school in Sydney before returning to the UK.

4. My friend, whose name is Edmund, is usually called Fuz at school.

KNOWN

My friend Edmund _____ Fuz at school.

5. They heard what they thought was a dog barking.

SOUNDED

They heard _____ a dog barking.

EXERCISE 2

Read about a government scheme to keep people healthy

Local governments have had to take on a new responsibility; that of ensuring that people stay fit and healthy. Birmingham council is already hot on the case. For the past few years they have been encouraging local residents to enrol on the *Be active* scheme, which allows them to use local leisure services completely free of charge.

Participants must register to obtain a membership card. They can then use the facilities in leisure centres across the city at certain times of the day.

29 leisure centres are signed up to the scheme. Each leisure centre must offer a minimum of one hour of swimming time and an hour of gym time to *Be Active* members. In reality, in some establishments in the more deprived areas, 70% of opening hours are reserved for *Be Active* members. Exercise classes and badminton courts are also made available on top of the standard facilities. *Be Active* classes are also being provided in schools and community centres. There are guided bike rides, and even proposals to roll out activities in public spaces such as rounders games in parks, and buggy pushes for new mothers.

Since it was launched in 2008, a third of the local population, a total of 360,000 people, has signed up for the scheme. 60% of these are from minority groups, and the average age is 49, as opposed to 29, the figure for private gyms. The majority were not previously members of a sports club of any kind, half were overweight or obese, and a fifth considered themselves to be in poor health, indicating that the scheme is reaching the people who need it most. Research also shows that since the scheme was set up, there has been a rise in demand for information about reducing alcohol intake and quitting smoking.

Statistics show that for every £1 spent on the *Be Active* scheme, £23 is saved in the health service. Sadly, the scheme has suffered from budget cuts, and lately it has had to reduce the hours available to

members. Nonetheless, other councils are interested in the great strides made by Birmingham council, and officials from Birmingham have been holding workshops with representatives from other councils to spread the word about what can be achieved.

Decide if the following statements are True or False according to the text and correct the false ones:

1. The Be Active scheme started up earlier this year.
2. Everyone in Birmingham is eligible for Be Active.
3. Participants must pay a one-off fee to register.
4. Participants can use the leisure facilities at any time of day.
5. Participants can use their Be Active membership cards at any sports centre in Birmingham.
6. Participants can only use the leisure facilities for two hours per week.
7. Some sports centres dedicate over half their opening hours to Be Active members.
8. Some Be Active activities take place outside leisure centres.
9. The Be Active scheme was not as popular as the council hoped.
10. The Be Active scheme attracts both slim and overweight people.
11. The majority of participants are White British.
12. The scheme is saving the government money in health costs.
13. Less money is available for Be Active now than in the past.
14. The *Be Active* Scheme is currently only available in Birmingham.

EXERCISE 3 A) Match the definition with the body reaction:

<ol style="list-style-type: none"> 1. The tiny muscles at the bottom of hair follicles contract in response to cold, fear or other emotions. 2. Very cold foods can overstimulate the nerves on the roof of the mouth. The sudden stabbing pain in your head, is an example of referred pain. 3. The popping sound may come from the rapid release of gas bubbles that form in a part of the body placed between two bones when it is 	<ol style="list-style-type: none"> a) Craking joints b) Yawns c) Brain freeze d) Eyelild twitches e) Goose bumps f) Sun sneezes
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<p>stretched. It is usually harmless but if it is accompanied by pain or swelling, it could be a sign of arthritis or other problems.</p> <p>4. Scientists blame it on a crossover of nerve signals—when bright light overstimulates the optic nerve in the eye, it “accidentally” also stimulates the nerve responsible for this reaction.</p> <p>5. It may be caused by fatigue, stress, eye strain or possibly caffeine.</p> <p>6. One theory is that it increases oxygen intake when needed, but studies have shown that people do it, usually when they are tired or bored, even if they have high blood oxygen levels. It may be a protective reflex that helps maintain proper lung function. It is also contagious.</p>	
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B) Fill the gaps with words from the platform. In the case of verbs, write them in the correct tense:

I am going to tell you a story that happened to me last weekend. On Sunday afternoon, I was doing some gardening when, trying to (1)_____ the smell of some flowers, I was stung by a bee. My nose became (2)_____ so I had to rush to put some mud on it. Even so, I could not avoid getting a pimple that (3)_____ a lot and it was so difficult not to be scratching it all the time. Moreover, as I was stung on the nose, I could not help (4)_____ almost every single minute and my nose was aching even more. However, that is not the end of the story. At night, when I had recovered a bit from that episode, I began to have stomach ache. I felt as if I had eaten a lot, but I was not sure why I had such an (5) _____ because I had eaten the same as my family. Suddenly, I felt so cold; I had (6)_____ and my body started to (7)_____. I took a thermometer and I realized I had a fever. I tried to go to bed immediately but my stomach hurt again and I had to (8) _____ straight away. I took a pill for lowering the fever that made me(9) _____. As a consequence, I felt a bit better for a couple of hours but then, I continued being sick and I was vomiting the whole night. On Monday morning, I went to the doctor and he told me that I probably had gastroenteritis, so I must not eat anything for several days. He also prescribed me a syrup and he asked me about the nose. I had almost forgotten my encounter with the bee.